

HAPTIC WRITING

VISUAL MOTOR III – Fine-Motor Control 2 & 3

PURPOSE: To improve accuracy (and eventually speed) of visually guided fine-motor movements.

PROCEDURE: Trace directly on the pattern, starting at the upper left-hand corner of the worksheet. After tracing the first few loops, evaluate how accurate you were. Plan ahead, using your eyes to continue the same pattern. When the pattern ends, continue to produce the pattern. Compare your pattern to the original. Next, try to trace and copy the figure in one continuous motion. If you are having difficulty accurately following the patterns, explain out loud how the pattern looks. For example, “one circle around the top dot then one around the bottom.” On the last page, create patterns that were on Haptic Writing I & II. Once accuracy is good, try to go faster while maintaining accuracy.

GOAL FOR THE WEEK:

Handout developed by The Studt Center for Vision Therapy, Southern California College of Optometry, Fullerton CA. Can be modified by the user.

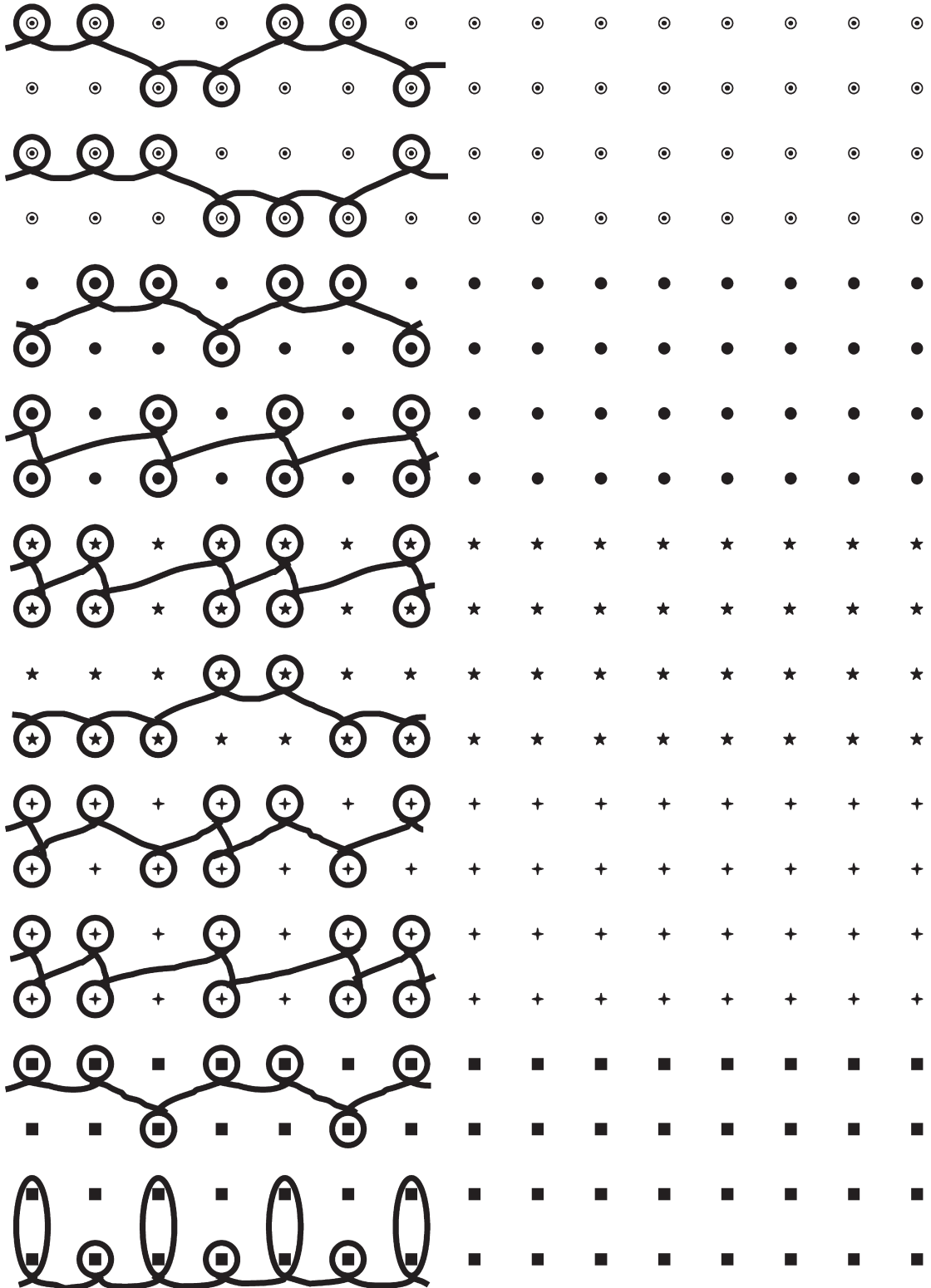
From Scheiman M, Rouse M. Optometric management of learning-related vision problems, 2nd ed. St. Louis: Mosby, 2006.

Haptic Writing Worksheet

The worksheet consists of 10 rows of tracing exercises. Each row features a sample line on the left and a grid of 14 shapes on the right for tracing.

- Row 1:** Sample line with four ovals, each containing a smaller oval. Grid: 14 small ovals.
- Row 2:** Sample line with seven ovals, each containing a smaller oval. Grid: 14 small ovals.
- Row 3:** Sample line with six ovals, each containing a smaller oval. Grid: 14 small ovals.
- Row 4:** Sample line with seven circles, each containing a smaller circle. Grid: 14 small circles.
- Row 5:** Sample line with seven stars, each containing a smaller star. Grid: 14 small stars.
- Row 6:** Sample line with seven stars, each containing a smaller star. Grid: 14 small stars.
- Row 7:** Sample line with seven stars, each containing a smaller star. Grid: 14 small stars.
- Row 8:** Sample line with seven pluses, each containing a smaller plus. Grid: 14 small pluses.
- Row 9:** Sample line with seven pluses, each containing a smaller plus. Grid: 14 small pluses.
- Row 10:** Sample line with seven squares, each containing a smaller square. Grid: 14 small squares.

Haptic Writing Worksheet



Haptic Writing Worksheet



Haptic Writing Worksheet

