

## **IDEAL FORMS**

### **VISUAL MOTOR IV – Spatial Mapping Skills 2**

**PURPOSE:** To develop your child’s ability to rely on his or her internal spatial coordinate system and integrate this skill with visually guided fine-motor planning skills.

**PROCEDURE:** Have your child sit at a table with the Ideal Form packet in front of him or her. Using a pencil, your child should first trace over the dashed-line form. If this is done with ease, have your child copy from the first open box while using the complete form as a reference. He or she should then evaluate his or her work by comparing it to the completed form. For example, your child might say, “the lines on my form are longer.” Any significant differences should be corrected before moving to the next step. The last step is to reproduce the form from memory. Since the complete form is hidden from view at this step, your child must rely on his or her internal coordinate map to guide fine-motor planning. Again, your child should evaluate his or her work with the complete forms and make any corrections. After all 3 steps have been successfully completed for the first form, your child may move on to the next form.

#### **GOAL FOR THE WEEK:**

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Handout developed by The Studt Center for Vision Therapy, Southern California College of Optometry, Fullerton CA. Can be modified by the user.

From Scheiman M, Rouse M. Optometric management of learning-related vision problems, 2nd ed. St. Louis: Mosby, 2006.

VISUAL MOTOR INTEGRATION FORMS (IDEAL)

			
			
			
			
			

			
			
			
			
			

			
			
			
			
			

			
			
			
			
			

			
			
			
			
			

			
			
			
			
			

			
			
			
			
			



			
			
			
			
			

			
			
			
			
			

			
			
			
			
			

			
			
			
			
			

			
			
			
			
			