

THREE-IN-A-ROW

VISUAL ANALYSIS IV – Visual Memory 3 & 4

PURPOSE: To help your child use strategies for improving short-term visual sequential memory.

PROCEDURE: Place 3 objects on the table in front of your child (such as a coin, key, and pencil) or draw forms on paper (such as a square, circle, and triangle).

Step 1: Have your child verbally identify the objects while directly viewing them, going from left to right.

Step 2: Rearrange the sequence of these 3 objects while they are hidden from your child. Allow your child to look at the objects for 5 to 10 seconds and then hide them again. Then ask for the exact sequence of the 3 objects. If your child does not remember the exact sequence, allow him or her to look at them for another 5 to 10 seconds. Repeat as necessary until child gets it right.

Step 3: Once your child can do the above procedure well, increase the number of objects to 4, 5, and then 6. You can also increase the complexity of the task by having your child describe details about the different objects. (For example: “What was the color of the key?” “What type of coin?” etc.)

GOAL FOR THE WEEK:

Handout developed by The Studt Center for Vision Therapy, Southern California College of Optometry, Fullerton CA. Can be modified by the user.

From Scheiman M, Rouse M. Optometric management of learning-related vision problems, 2nd ed. St. Louis: Mosby, 2006.